

# the SOUNDING BODY

*musical transformation of the performer*

'What you cannot find in your body, you will never find elsewhere.' (Eastern saying)

Physical theatre workshop for actors, dancers, and physical performers led by Daniel Han (USA/PL). We will work on the primal connection between the body and voice, using the body as a gateway towards vocal and musical expression. From a platform of listening, precision, and harmony, we will open a space through which we can physically and vocally dialogue through rhythm, impulse, sound and movement. Through the process, we will explore the craft of bridging practical exercises into creative material, and composing physical scores as the 'rough draft' for refining into performative structures.

The foundation of the work will be based on the physical and vocal training of Polish ensemble theatre practices, blended with source material from research expeditions abroad. The practical training will be focused on energizing the physical center and opening the grounded voice through the tools of partner relation and group tuning. The source material draws from physical and musical elements of deep tradition (such as Andalucian rhythms, Balkan polyphony), distilled into practical training for the performer within an ensemble context.

This is a research into the actor as a physical musician within the ensemble. Between precision and freedom, there exists a path to transforming the body and voice within a musical and energetic flow. How do we awaken the primal instinct, stimulate our inner life, and cross our own boundaries? This workshop is an exploration of the inner freedom of the human body and voice in action.

**DATES:** 14-16 February 2012 (12.00-18.00)

**LOCATION:** Mime Centrum Berlin, Studio 2,  
Mariannenplatz 2, 10997 Berlin

**WORKSHOP FEE:** 90 euro

**APPLICATION:** CV and brief letter of motivation

\*workshop will be conducted in English

\*limited number of participants

\*for application or further information, contact:

joanna.gierdal@gmail.com, 015773269049 ( phone)



photo: Arkadiusz Susidko

**Daniel Han** is a performer and musician who has worked internationally in the USA, UK, and Poland. He is a collaborator with *The Grotowski Institute* (Wrocław, Poland) as a performer with *Studio Matejka*, a physical theatre laboratory led by Matej Matejka (*Teatr ZAR*) focusing on multi-disciplinary research of the human body as the source of the actor's craft. He has trained under and participated in workshops internationally with: *Les Ballets C. de la B.*, Marcello Magni (*Théâtre de Complicité*), *Farm in the Cave*, *Maisternia Pismi*, and *Zecora Ura*. Daniel holds an M.A. Acting degree (Manchester Metropolitan University) after studying with the Edinburgh Award-winning ensemble *Teatr Pieśń Kozła* (*Song of the Goat Theatre*) in Wrocław. He continues to collaborate on physical/vocal workshops with *Teatr Pieśń Kozła*, and is an artistic member of the *Oriri Project*, researching the performative source within disappearing cultural traditions.

